

XTREME SPIRIT
CHEER & DANCE EVENTS
INDIVIDUAL SCORE SHEET - DANCE

Individual Name:

Team:

Judging Categories	Scoring Range	Score	Strong Areas Needs Improvement	Judge Comments
Showmanship	10		+ Expression -	
			+ Image -	
			+ Crowd Appeal -	
			+ Projection -	
			+ Eye Contact -	
Style Execution	10		+ Body Control -	
			+ Body Isolation -	
			+ Body Placements -	
			+ Sharpness -	
			+ Technique -	
Precision	10		+ Timing -	
			+ Sharpness -	
			+ Technique -	
			+ Visual Appeal -	
Style Specialties	10		+ Leap Form/Technique -	
			+ Turn Form/Technique -	
			+ Variation -	
			+ Floor Work -	
Choreography	10		+ Variety of Moves -	
			+ Unique Combinations -	
			+ Pace/Tempo -	
			+ Use of Music -	
Routine Difficulty	10		+ Complex Moves -	
			+ Difficulty -	
			+ Rhythm -	
			+ Energy/Pace -	
Overall Execution	10		+ Precision -	
			+ Timing -	
			+ Clean Routine -	
			+ Visual Effect -	
Overall Routine Impression	10		+ Entertaining -	
			+ Energy/Pace -	
			+ Creativity -	
			+ Appropriate Costumes -	
			+ Appropriate Moves -	
USASF Safety Rule Infractions		-	Additional Comments:	
Total Score	80			