

XTREME SPIRIT
CHEER & DANCE EVENTS
INDIVIDUAL SCORE SHEET - CHEER

Individual Name:

Team:

Judging Categories	Maximum Scoring Range				Score	Strong Areas		Judge Comments
	L1		L3	L5		Needs	Improvement	
Standing Tumbling	6		8		10	+ Form	-	
						+ Hands Down	-	
						+ Falls	-	
						+ Difficulty Level	-	
						+ Integration/Flow	-	
Running Tumbling	6		8		10	+ Form	-	
						+ Height	-	
						+ Integration/Flow	-	
						+ Variety	-	
						+ Transitioning	-	
Jumps	6		8		10	+ Form	-	
						+ Hands Down	-	
						+ Falls	-	
						+ Variety	-	
						+ Integration/Flow	-	
Motions/Cheer					10	+ Difficulty	-	
						+ Precision/Placement	-	
						+ Variety	-	
						+ Synchronization	-	
						+ Visuals	-	
Dance					10	+ Difficulty	-	
						+ Precision/Placement	-	
						+ Variety	-	
						+ Synchronization	-	
						+ Visuals	-	
Choreography/Transitions/Formations					10	+ Flow of Routine	-	
						+ Visuals	-	
						+ Variety	-	
						+ Spacing	-	
						+ Formations	-	
Overall Routine Impression					10	+ Wow Factor	-	
						+ Energy/Pace	-	
						+ Showmanship	-	
						+ Music	-	
Total Score			70			Additional Comments:		