



2009 TWISTERS ELITE 2010

Twisters Elite 1600 N. Milwaukee Ave, Ste. 501-508 Lake Villa, IL 60046 Ph 847-445-5956 Fax 888-762-3296

April 30th Updates Highlighted

Tryout & Registration Information:

Registration and Tryouts are the Week of May 11th - May 15th.

11 & Under as of August 31st

Monday May 11th or Wednesday May 13th - 5:30-8:30pm

11 & Under Trying out for Junior/Senior teams will be asked to attend a Tuesday Thursday tryout date by invite only. In this case, athlete will need to first attend the Monday or Wednesday dates and then also a Tuesday or Thursday date. Youth aged athletes trying out for Junior/Senior age levels must have an advanced level of maturity for their age plus they need to already be at the skill level required.

12 & Up as of May 31st

Tuesday May 12th or Thursday May 14th - 5:30-8:30pm

All Registration Payments are Due at Tryouts.

Mandatory Coach Meeting Friday May 15th 6-8pm.

Tryout Results Posted Friday May 15th 9pm.

For Directions Please Visit www.twisterselite.com and click "Facility"

Registration Check-List:

- Team Registration Form**
- Medical Waiver**
- Guidelines Initialed**
- Copy of Birth Certificate**
- Copy of Insurance Card**
- Turn In at Tryouts with Payment, No Later than Thursday May 14th**

Practice Start Dates, Practice Days & Times/Tryout Results

New season days, times, coaches, tryout results, etc. will also be announced on our "Team" page @<http://www.twisterselite.com/team.html> on May 15th late Friday evening (10pm).



Welcome to Twisters Elite All Star Cheer & Dance!

Twisters Elite is exploding into its 6th season of All Star Cheerleading and Dance! We welcome you to one of the areas largest and most successful programs. The team has quickly become "A Way of Life" for hundreds of families over the years. We started out in a Johnsbury gymnastics facility and have since grown out of not only that space, but another 5,000sq. ft. building. Twisters is currently housed in a 10,000sq. ft. building with 2 spring performance floors, a huge tumble training pit, and loads of equipment to aid in cheer, dance, and tumble progressions. Twisters have won countless Local, Championship, and National titles as you will see literally hundreds of trophies surrounding the walls inside the facility. Our gym is one of the only in the area that is color themed to match our team. Your children are sure to be begging you not to leave, as our facility is packed full of champion flavor and family vibes.

In the 2009/2010 season, Twisters Elite is again raising the bar with World Class choreography by Top Gun All Stars of Miami Florida. We will not be attending UCA Disney Nationals this season so now is the time for cautious spenders to get involved with a National Champion team and save literally hundreds to thousands what other families are spending in other gyms. We will be competing monthly and will attend at least 2 local Nationals in the winter months. As always, Twisters will be carefully watching your bottom line to make sure you are getting the most bang for your buck!

UCA kicks off the season with a \$5 skill camp. Although we sometimes feel we exceed the skills being taught at the camp, we will focus on the technique being taught so we score well on their score sheets. We'll also use this time to build relationships with our new team members. The camp is usually the 1st weekend in June...please mark your calendars.

We will continue using the names of our teams moving forward: Hurricanes, Cyclones, Typhoons, Tornados, Vortex, Whirlwinds, Breeze, and a few more Twisters related names that will help distinguish our team members at special events. On that topic, we are continuing with new special event outfits included in the registration requirements with optional team spirit items for sale at our merchandise counter. This will help our team members stand out in unison when we represent at events.

Please feel free to ask questions if you do not understand some of the tables presented in this packet. Also you will notice some changes to our registration process, new facility guidelines, and additions/deletions from our past registration requirements.

Lastly, a few reminders that the VIP pricing this season does include your choreography and make-up kit fees. Choreography...in order to compete with the best we have to hire the best. Please plan on having a \$150 choreography fee due June 15th for all teams Tiny through Senior. Choreography fees are mandatory for all team members regardless of when they join. Warm Ups outfits are not mandatory but can be specially ordered. We will of course do all we can to keep everything as affordable as possible throughout the season.

Twisters Elite 2009-2010 Season Pricing

Keep in mind the following when reading charts below:

- 2 Ways to Pay, "VIP Plan" or "Pay As You Go".
- All Registration/VIP payments and forms are due May 14th. Team placements require registration with payment; we do not hold spaces for athletes who are not officially paid with registration.
- Uniform Packs are mandatory for all team members. We have eliminated the Spirit Packs to save you money. Uniforms for Tiny, Junior, and Senior stay the same. Tiny, Mini, and Youth will have a more modest version of our newer uniforms. Junior, and Senior can purchase used uniforms if available (see front desk for help with used uniform fittings).
- VIP Plans include registration, team dues, choreography fee, UCA camp fee, and uniform pack.
- Uniform Pack payments must be made by July 15th.
- Sample competition fees are included at bottom.
- Team Dues Include Unlimited Training (Tumbling, Open Gyms, Flex Classes, Birthday Parties, Etc.)

| Item | Due Date | Description | Tiny | Mini, Youth, Junior, Senior | Hip Hop |
|--|---------------------------|---|---------------------|--------------------------------|---------------------|
| VIP Plans (Savings Designed to Equal the Cost of a New Uniform) | | | | | |
| Plan A | May 14th | Price if you Own a Uniform or Purchasing Used Uniform | N/A | \$1235 | N/A |
| Plan B | May 14th | Price if Purchasing a New Uniform | \$1165 | \$1500 | N/A |
| Plan A Sibling | May 14th | Sibling Price if you Own a Uniform or Purchasing Used Uniform | N/A | \$685 | N/A |
| Plan B Sibling | May 14th | Sibling Price if Purchasing a New Uniform | \$910 | \$950 | N/A |
| Pay as You Go Plan | | | | | |
| Registration | May 14th | Annual | \$130 | \$130 | \$130 |
| Team Dues | Monthly Starting June 1st | 11 Months of Team Dues | 11 x \$65 = \$750 | 11 x \$95 = \$1045 | 11 x \$65 = \$750 |
| | | 11 Months of Sibling Team Dues | (11 x \$45 = \$495) | (11 x \$45 = \$495) | (11 x \$45 = \$495) |
| Choreography Fee | Due June 15th | Top Gun World Class | \$150 | \$150 | N/A |
| UCA Camp Fee | Due June 1 st | Lake Geneva | \$5 | \$5 | \$5 |
| Uniform Pack | Due July 15th | | \$395 | \$435 | \$70 + TBD |
| Total Not Including Competitions | | | \$1310 | \$1765 | \$955 |
| Total for Siblings Not Including Competition | | | \$1055 | \$1215 | \$250 |

| Uniform Pack Breakdown | | | | |
|-------------------------------|--------------------------|-----|-----|-----|
| | Custom Top & Skirt | 265 | 265 | TBD |
| | Shoes | 30 | 70 | TBD |
| | 3 T-Shirts (New Designs) | 30 | 30 | 30 |
| | 3 Shorts (New Designs) | 30 | 30 | 30 |
| | Hair Bow | 10 | 10 | N/A |
| | Briefs | 20 | 20 | N/A |
| | Make Up | 10 | 10 | 10 |

| Competition Registration Fees (Based on last season pricing plus expected increase) | | TENTATIVE |
|--|--|-----------|
| September - Six Flags | \$30-\$40 | |
| October - TBD | \$70 | |
| November - NCA - Lake Zurich | \$50 | |
| December - UCA - Milwaukee | \$60 | |
| January - WSF Chicago - Navy Pier | \$80 | |
| February - Kalahari Nationals - Wis Dells or Sandusky OH | \$125 (Free if Sandusky OH) | |
| February - Spirit Cheer - Navy Pier | \$60 | |
| March - Athletic Championships Nationals - Schaumburg | \$90 | |
| April - USASF World Championship - Level 5 Teams | \$400+ Per Person Travelling to Disney | |
| May All Levels International Championship Indianapolis | \$100? - Less Depending on Bids? | |



Twisters Elite

Team Registration Form



All Star Cheer _____ All Star Hip Dance (Hip Hop/Pom) _____

Child's Name: _____

Date of Birth: _____ / _____ / _____

Age as of May 31st, 2008: _____ Age as of August 31st, 2009: _____

Parent's or Guardian's Names: _____

Email: _____ Email: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Cell Phone: _____ Emergency Number: _____

(Please Initial) Parental Consent to Participate

- ____ 1. I hereby give authorization for my child to participate in the Twisters Elite All Star Cheer and Dance Team.
- ____ 2. I understand that the yearly registration fee of \$130.00 is non-refundable.
- ____ 3. I understand that my family is committing to 11 months of training and that team dues are to be paid on or before the 1st of every month June through April @ \$95 for 1 child plus \$45 for siblings.
- ____ 4. I understand that my child can be removed from the team for continued behavior problems from my child and/or any family member of the child without refund. This includes any form of conspiring against the team, attempting to recruit any Twisters Elite/Xtreme Spirit staff to another team or gym, and emails that are hostile in nature.
- ____ 5. I understand that the VIP plan is a non-refundable fee that commits your family to the team for the full season regardless of any reason of leaving the team.
- ____ 6. I allow my child's photos to be used in all media including websites, TV commercials, flyers, and newspaper advertisings directly relating to Xtreme Spirit or Twisters Elite.

Please check/fill-in all that apply (Due May 14th, 2008)

____ \$130 Annual Registration Fee

Date: _____ / _____ / 2009

____ \$65 Annual Registration Fee Sibling Discount

Total Fee Paid: \$ _____

____ VIP Plan A ____ Sibling

Received By: _____

____ VIP Plan B ____ Sibling

NO CASH POLICY Check# (Payable "Twisters Elite") _____ Fundraising Account: _____

Parent or Guardian Signature: X _____ Date: _____



Twisters Elite Medical Waiver

Twisters Elite 1600 N. Milwaukee Ave, Ste. 501-508 Lake Villa, IL
60046 Ph 847-445-5956 Fax 888-762-3296



All team members, coaches, and staff are required to submit this form in order to participate.

Child's Name: _____ Registration Date: ____/____/____

Age: _____ Birth Date (Please provide copy of Birth Certificate): ____/____/____ Sex (Circle): M F

Parent's or Guardian's Names: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phones: _____

Emergency Number: _____ Email: _____

Medical Insurance Provider: _____ Phone Number: _____

Policy Number: _____

Past Injuries: _____

Medical Conditions (Circle):

Physical Handicaps Psychological Handicaps Chronic Ailments Asthma Respiratory Problems
Circulatory/Heart Problems Diabetes Epilepsy Bleeding Problems Organ Problems Bone/Joint Problems
Allergies Muscle Problems Hypoglycemia Missing Body Parts Tetanus Shot/Vaccinations up to date

Please Explain: _____

Daily Medications (Please Add): _____ Treatment for: _____

_____ Treatment for: _____

_____ Treatment for: _____

Authorization of Medical Care: In case of illness or injury while with Twisters Elite/Xtreme Spirit in case a parent cannot be reached, Twisters Elite/Xtreme Spirit staff may authorize medical care and treatment for the above names participant.

Liability Waiver and Release:

I understand that cheerleading/dance/tumbling, like any other situation involving height and movement, involves risk and the chance of catastrophic injury, paralysis, and even death, as well as, other damage and losses associated with participation in a cheerleading/dance/tumbling event. This student has no problems that might compromise their safe involvement. I understand that I need to provide medical expenses for my son/daughter and forever release Xtreme Spirit along with the employees, agents, officers, and directors from responsibility or liability for any losses or damages occurring as a result of my son/daughters participation in any cheerleading/dance/tumbling activity.

Agreement to pay: I understand that there are no refunds or credits for dropped or missed classes once the classes begin and that I am liable for the full monthly tuition even if only a partial payment has been made.

I hereby promise that all of the above information is honest and true to the best of my knowledge.

Parent or Guardian Signature: X _____ Date: _____



Twisters Elite Code of Conduct Form

Please Initial All:

- _____ I understand that Twisters Elite uses an evaluation based leveling system in order to properly distribute students into classes and/or teams for maximum progression of skills.
- _____ I understand that I am not to drop off my child/children for tumbling class without making sure the student is registered for the class and that my child's skill level matches or exceeds the skill level required for the class.
- _____ I understand that if my child/children exceeds the level of a class, they will be required to work inside the class curriculum for the class.
- _____ My child/children are instructed to dispose of any water bottles and/or food brought into the facility after consumption. Also that clothing left in the gym will be donated to Goodwill on a weekly basis.
- _____ I understand that violent or aggressive behavior towards students, team members, and/or coaches will result in permanent removal from the facility and possible contacting of authorities depending on the nature of the incident.
- _____ I understand that my child/children is not allowed to enter into the gym area without a coach present. Also that playing in gym before or after practice is not allowed.
- _____ I understand that my child/children must be potty trained in order to participate. They must be able to use the washroom, robe/disrobe, and wash by themselves.
- _____ I have read these guidelines aloud with my child/children and will follow them while training in the facility.
- _____ I understand that my child may be removed from practice if poor behavior continues after repeated attempts to control his/her disruptions.

Child's Full Name: _____

Parent or Guardian Signature: X _____ Date: _____

F.A.Q.

Q. I already have shoes; can I remove them from the VIP plan to save money?

A. None of the items of the VIP plan can be omitted. Clean shoes are important for competitions.

Q. I already have a bow; can I remove that from the VIP plan to save money?

A. We will be getting new bows each season.

Q. I already have some Twisters t-shirts; do I have to purchase the ones in the pack also?

A. Yes, the t-shirts and shorts outfits will be interchangeable new designs that will be worn at practices, parades, outings, etc.

Q. What happened to the spirit pack?

A. The items were awesome but we feel it is more important to give people the choice not to purchase additional items. New and old Spirit Pack items will be for sale at the merchandise counter throughout the season.

Q. Can I make payments on the VIP plan?

A. No, VIP is due in a lump sum on May 14th.

Q. Can I please pay the VIP plan in June?

A. May 14th is the deadline for VIP pricing, no deadline extensions allowed.

Q. Can I register after tryout placements?

A. We create teams based on who registers. We cannot guarantee placement if you are not registered by May 14th and evaluated during tryout week. Keep in mind we are looking for Team Players.

Q. My child has never cheered before, will she make a squad?

A. In the past our answer would have been yes, however Twisters is moving forward as a true All Star team with placements that are necessary for the team's success at both Regional and National levels. Keep in mind, we have had many inexperienced athletes making up to Level 5 teams and shine throughout the season. If we cannot place your child on a team, your registration fees will be refunded.

Q. Why is cheerleading so expensive?

A. Everything worth having in life costs money. At Twisters you are guaranteed your fees are some of the lowest (if not the lowest) in the industry. Why? Because we are just like you. We are parents of an All Star cheerleader with bills to pay and a family to feed. It is important to us to keep your payments low while still helping to improve the quality of life we give our children. We feel cheerleading gives children a place to belong, teaches team work and unity, builds friendships, and most of all keeps kids supervised and out of trouble. Twisters are positive role models that the community wants to be a part of. Your children are looked up to at school and they are learning to be the best they can be when it counts the most.

Q. How are team placements decided?

A. Many factors effect the placement of each cheerleader. Tumbling, stunting, jumps, motions, dance are just some of them. Attitude, maturity, past history, and experience can work for or against anyone trying out.

Q. What does my child need to make Level 5?

The best way to ensure your child makes the Level they would like is to be sure they are tumbling at or beyond that level.

Q. My child also plays another sport, is this going to be a problem?

A. It could potentially be a problem. We are asking that our athletes put cheerleading first because it's impossible to have a productive practice when missing team members.

Q. Can my child miss 2 weeks of practice for summer vacation?

A. We would advise against it. Our routine choreography will be taught July 10th – July 19th. Any time missed during or after that point may be detrimental to the routine and may require your child to not participate in the first competition.

Q. Why should I have to be on time or wear the right clothes to practice?

A. Because we are looking for Team Players. Working against the grain of your coach will not teach your child how to be a Team Player, and will not be tolerated.

If you have any questions regarding this packet please feel free to call Dave @ 847-445-5956 or Tonia @ 847-372-9089.